

# THE REFLECTOR

Newsletter of the Palomar Model A Ford Club  
June, 2024 : Volume 52, Number 6

## PERRIS TRUCK SHOW 2024

We keep having small caravans, but at the same time somewhat well attended tours because of our “extended family” and our various needs. This was again the case of the 39th Southern California AHS Show and Swap Meet on May 4th. Only Mark Greenlee, Karyn and I were at the meet up spot at the advertised time to drive up at opening. Or, I could say the president for 2023 and 2024 and first lady.

At Perris, after a stop at Sun City’s *Joyful Noise Coffee* (the meetup spot for the local police and emergency responders, we met Bruce Howe, president in 1998, Wayne Wiedle, president in 1990, Clyde Marion, president in 2009 and 2010, and Joe Williams, president in 2025.

Although that was a lot of executive privilege, right there, we had to pay at the gate. Still, we were better off than the guy driving the ‘28 double A we saw. He, and his dog, weren’t even allowed out of his truck. At this point, though, I’d hope they’d only charge him half the entrance fee; he seems to need to save money for food.

Speaking of, I bought a donut from a 1963 Chevrolet Helman’s Bakery truck—just to have the owner pull out a sliding drawer in the back— nice display, although the sprinkled donuts in the display front were foam rubber. I think anyone who paints *Ice Cream Truck* on the side of their panel trucks ought to be required to carry a freezer load



of ice cream bars when they go on tour. Even if you charge, I don’t care. It’s just sad to get your hopes up to be told “Sorry, it’s only for decoration.”



# ***PRESIDENT'S MESSAGE***

May has been busy with club activities and class finals. I continue to get straight A's in my auto classes. Classes are straight forward. There are textbooks and projects and if you do all of them. you do very well. However, that's not the way it is for planning and promoting club activities, I am lucky to get C plusses in those.

Case in point is this planned outing to Old Poway Park on June 15th at 2PM. Rather than being a large meeting with well over 100 people between three car clubs, we will be lucky to have twenty. This is even though it is supported by the presidents of all three clubs, we've given several months' notice, and done a lot to be flexible. It was also my intention of having an East side, daylight weekend meeting and a West side daylight weekend meeting to attract Palomar members unable to attend our regular business meetings due to distance, work commitments, and vision problems, and I haven't heard a peep from these members that they are looking forward to either of the events because they will finally be free to attend. I seem to have created a fresh opportunity for folks satisfied with not attending and I successfully solved a problem which folks never thought of as anything troubling. The fact that I will enjoy a fun day out with friends and food might be nice, but as I go to all the meetings anyway, that's not the point of the change. So, I grade the project a C+.



June marks the halfway point of the office of president (2024 is possibly the halfway point of the office of newsletter editor, LOL) and if you notice, the calendar is set, and I can put my feet up and coast the rest of the way.

In three days straight, we could go to the Encinitas Cruise night (Thursday the 20th) the Escondido Cruisin' Grand vintage Cadillac and Lincoln night (Friday the 21st) and the summer show at the Antique Gas & Steam Engine Museum in Vista (Saturday the 22nd). Bruce will be in Ruidoso for the National Convention Sunday, the 23rd, but I believe he will be the only Palomar Representative this year. Then we get a week to tune up the cars before all going to the last Sunday breakfast at the Time Out Café in Vista on June 30th. It should be a great time with us making the most out of some great North San Diego County weather.

I instituted "King of the Garage" after reading about it in another club's newsletter. Any member is eligible when working on their Model A when willing to describe their work to the club at the next meeting. The choice of winner is totally arbitrary and the no-perks office an extremely short one. You do possibly get a running car from it, though, which most will agree is better than a 2000 lb. paper weight or \$15,000 lawn ornament.

May your tank be full and the road opened in front of you.

David Frazee, President Pa

# *MAY MINUTES*

Minutes from May 1, 2024 - Meeting of the Palomar A's was called to order by President, David Frazee at 4:45 PM with 26 in attendance including Dave and Arlene Belt, returning members. There was also a new member, Dave Jacobson. Dave has moved south and inland into our area. He really enjoys cruising the water but will now be cruising land. He has purchased a 1931 open roadster pickup truck and is looking forward to tap into the group's experience.

This was the last meeting at the Vista Library location. There are a couple months break in structured meetings. The next meeting, August 7, will return to Palomar Estates at the usual time of 7:00 PM.

The Pledge of Allegiance to the American Flag was led by Irene DeAmbrogio.

David asked if there were any changes or corrections to the April Minutes as published in the Reflector. None offered.

Treasurer's Report – Bruce Furbush gave an accounting of the treasury and reported that he will be filing the Federal and State forms required for Non-Profit status. Greg and Cindy Wilson offered to help.

General Business – A motion was made by Karen Beel and seconded by Mark Greenlee to review Bylaws and update if necessary. Motion carried. There was an informal discussion and show of hands for possible committee volunteers. There will also be documentation created to describe the duties of different Board Member positions.

Miscellaneous – Jeanette Smith and Judy Burrell have offered to create the laminated name tags for new members but the logo needs to be re-created. Supplies are being collected from different reserves.

Sunshine & Sorrow – Nancy DiTomaso has been dealing with an inner ear issue but is starting to get relief. Donna Lugo has been in ICU for a couple weeks with a massive infection. She seems to be progressing and has been moved to a regular room at Scripps Green. A get well card was circulated and we all included sentiments.

Last Sunday Breakfast – The May 26 gathering at the Golden Egg Omelet House, Escondido, will be the stopping off point before continuing to the Fallbrook Car Show at Bates Nut Farm. Check the 2024 Calendar in Progress printed in the Reflector for future Last Sunday locations and dates.

Short Tours – Mark Greenlee – May 4 – 39th Annual Antique Truck Show in Perris at the Southern California Railway Museum 2201 S. A Street. Meet at the 76 and I-15 Park and Ride at 7:30 AM. Cost \$15 per entry. The ticket includes unlimited Train & Trolley rides as well as entry to all open Museum Exhibitions and Collections.

May 18 – Tour, along with the San Diego Chapter, of Bill Hansen's garage, 14755 Mussey Grade Rd., Ramona. Meet at Palomar Estates parking lot at 8:AM if traveling with the group. If traveling on your own then arrive at the garage by 10 AM. Bring a side dish to share.

June 15 – Event along with Hidden Valley T's and San Diego MAFC at Old Poway Park's train museum and Hamburger Factory 3 pm to 6 pm 14134 Midland Rd. Dinner cost \$25 per person. Train fare \$3.50.

June 20 – There was some discussion regarding Encinitas Cruise Night 818 S Coast Highway 101.

Tech Report – Mark Greenlee led a group exercise in using a flow chart YES/NO system for troubleshooting an issue with a vehicle.

Show & Tell – There were work in progress reports by Andy Yancy and David Frazee along with detailed descriptions from Ed Simpson [replace rear end], Chuck Grabowsky [replace engine] and

*(Continued on page 4)*

## ***MAY MINUTES CONTINUED***

Mark Greenlee [upgrade to 12V battery and change out lights to LEDs]. Chuck was crowned “King of the Shop” for the month.

Entertainment – Door Prizes – Karen Beel conducted the Door Prize event consisting of diverse items such as a traveling kit containing plates & utensils for a picnic, miscellaneous car parts, boxes of chocolates, a bottle of vodka and honey from Mark’s bees.

Birthday Prize went to Roseanne Meyerhoff and the 50/50 draw went to Arlene Belt. She also got the chance to draw for the radiator surround. The lucky draw is the ace of spades – the card drawn was 3 of spades.

Meeting adjourned at 6:20 PM

Submitted by Karla Maxwell



## ***MAFCA PRESIDENT’S MESSAGE***

As the first models of the venerable Model A approach 100 years since their introduction, I feel that the Model A Ford relevance to the collector car hobby is as strong as ever. True, we are gradually losing the generation that drove these cars on their first date, commuting to high school and/or college or were able to save up their own money to purchase one as their first car. As an attractive, serviceable and affordable entry into the collector car world, there are few cars that offer all the Model A does.

The many attributes of the Model A that have drawn ownership into its ranks throughout the years are still relevant today as they were in the 40’s, 50’s, 60’s or 70’s. In spite of how cars are driven today, the Model A is still a car you put on the road and go cruising. With the large network of suppliers, restorers, knowledgeable experts available for fielding “how to” questions, I cannot think of a better or easier car for getting into the old car hobby. Hence, the need for us “old guys and girls” to continue introducing the car to new members, younger members and even our youth.

In prior years MAFCA has clearly supported the concept that youth are essential to the Model A hobby’s future and chapters are the means to introduce youth to the hobby. Establishing club activities that invite youth participation is a fundamental key to turning our youth into lifelong hobbyists. May of each year has been designated as Model A Youth Month. Now is the time for chapters to complete their planning and begin to publicize and hold their event.

Also, don’t forget the two great organizations that are dedicated to introducing youth to our hobby: The Model A Youth Restoration Award, MAYRA, provides financial support to youth whose interest in the hobby is demonstrated by their efforts in restoring a Model A and the Model A Youth Scholarship Fund provides financial support to assist children and/or grandchildren of any MAFCA/MARC member in pursuing their undergraduate education, whether it be a state university, college or technical school. Both, or either organization will appreciate your support.

“See you down the road!”  
Robert Bullard, 2024 MAFCA President



# Service Hints

Les Andrews - Technical Director

## Torque Values For Model A Nuts & Bolts

The expression, "a little knowledge can be a dangerous thing," is usually true. I have learned this lesson the hard way at times. My thanks to Enrique J. Klein of Los Altos, CA for pointing out to me some stated torque value errors and asking that I reevaluate some of the stated Model A torque values given in previous publications. In most of the previous articles, including some I have written, a specification table is included that comes out of an engineering handbook that shows torque values for the different size bolts, giving bolt size, threads per inch, and torque value for different grade bolts, with dry or lubed threads. It's up to the reader to determine which torque value should be used.







There are many factors to be considered when apply-

ing torque to a bolt or nut: bolt size, bolt grade, dry or lubricated threads, and how many times the threads have been torqued (stressed).

Before torquing a nut or bolt, make sure the threads are dry to obtain a more accurate reading. Clean all threads and make sure they have not been stripped or show evidence of overstressed or stretched threads. Many of you have asked for a chart listing the recommended torque value for the specific torqued nuts and bolts on the Model A. The table below lists the recommended torque values.

For additional information see *The Restorer* article, "Nuts and Bolts for Model A" (September/October 1976, Volume 21, Issue 3).

**Model A Recommended Torque Values**

Bolt Location	Bolt Size	Tensile Strength psi	Grade	Torque ft. lbs.	Remarks
Differential Carrier Assy	3/8-24	74,000	 2	20	Low Carbon Steel (Original Model A)
Axle Housing-to-Banjo Bolts	3/8-24	74,000	 2	20	Low Carbon Steel
Torque Tube-to-Banjo Bolts	3/8-24	74,000	 2	20	Low Carbon Steel
Rear Axle Nut	5/8-18	110,000		100	Hardened Axle Threads
Wheel Lug Nuts	--	--		64	
Pinion Bearing Preload Nut	--	--	New Bearing Used Bearing	20 in.lbs. 15 in.lbs.	Adjust nut for Torque inch lb. drag on Drive Shaft
Timing Gear Nut	--	--		100	
Pressure Plate Bolts	5/16-18	150,000	 5	20	Replace with Grade 5
Head Nuts	7/16-20	150,000		55	
Manifold Nuts	7/16-20	150,000		45	
Flywheel Hsng-to-Block Bolts	7/16-14	120,000	 5	50	Grade 5 or Better
Flywheel-to-Crank Bolts	7/16-20	120,000	 5	50	Grade 5 or Better
Crankshaft Pulley Nut	-	-		50	
Main Bearing Bolts	1/2-20	-	-	80	
Rod Bearing Nuts	7/16-20	-	-	35	
Spark Plugs	-	-	-	25	

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**BIRTHDAYS**

Andy Yancey	14 June
Nancy DiTomaso	17 June
Kyle Matthews	22 June
Pam Treserdern	23 June
JoAnn Corditz	29 June

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**ANNIVERSARIES**

Craig & Barbara French	5 June
Dave & Arlene Belt	6 June
Anthony & Donna Lugo	16 June
Joe & Peggy Williams	19 June

Enjoyed a large turn out to April's last Sunday breakfast at the San Luis Rey Bakery & Restaurant.



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# HANSON'S TRIP WITH THE SAN DIEGO CHAPTER

This was my first trip to Bill Hanson's shop, so even though I was looking forward to the friendship and the food, I really wanted to see the unusual tools, jigs, and labor-saving devices not sold in stores. I was not disappointed.

Besides Bill, Dave Francis and Arlyne Bieber gave us multiple quick seminars as to what the shop does for a Model A to get it to run at it's best and why. With a few fun anecdotes from mechanics-land to spice it up, like only very experienced mechanics can acquire.

Like most of our recent tours, we had more members join us there than took the tour with the group. Welllllllll,..... Anthony Lugo, Bruce Howe, Mark Greenlee, Steve and Irene DeAmbrogio, and David Frazee met at Palomar Estates and drove together. Andy Yancey, Clyde Marion, and Joe Williams met us there. So, Six and Three, but the total number reported seems to get larger all the time, I've heard San Diego attribute us with 14 total, even though I haven't been given their

names, so I'd think there must have been a bunch of crashers that weren't actually members of either club. It was so great, people just driving by had to check it out. Maybe they'll end up joining and become regular members. At least they'll start already knowing where to restore their cars!



## OLD POWAY PARK



Old Poway Park, at just two acres, is one of the smallest parks you'll visit, and certainly the smallest park with its own railroad, but it is easy to get to and has lots and lots to see. We plan to get together just after 2 when the parking lot begins clearing out—A main street next to the park and the main lot is closed by a farmer's market that ends at 1:00 PM—however, the Museum and Historic Nelson House also both close at 2 on Saturdays and the Railroad closes at 4 but many Saturdays the last train leaves at 1:45. So at the time we meet, lots of the park will be closed.

As many of our tours seem to work best with folks arriving and leaving when they like, this sounds like the best option for this. I plan to get there around noon, find a parking space, perhaps in Scripps Ranch, and walk to the park to see the offerings before they close and stay there for the picnic with you. Others may want to avoid the mayhem and get there when the streets and nearby parking are made available to park-goers.

I hope that our cars, friendship, and our enjoying a beautiful day in a beautiful park will be something so appealing that folks arriving and seeing the park shuttered will decide to greet us thinking that we must be park volunteers. Then we can encourage them to join us in our love of Model A Fords. Note: we can drive them all over; we aren't limited to a two acre steal track.

So pack a lunch, a folding chair, and meet us at the Old Poway Park 14134 Midland Rd in Poway after 2 PM. On Saturday, June 15th.

## LAST SUNDAY BREAKFAST



Our May 26th breakfast to the Golden Egg Omelet House went off pretty smoothly with three Model A's and one modern. The Cilley/Frazer truck made the tour thanks to an afternoon's worth of repair helped by Mark Greenlee. It ran rough and without power afterwards, however, which was a tremendous worry, but at the restaurant it was found that it made the five mile journey on just cylinders 1 & 2 as the spark plug wires were not fully reconnected, and that tells me how great that engine is.. Folks all said that they'd passed Golden Egg many times, figuring that it wasn't as good as it turned out to be, and we supported a local business at the same time. Wins all around.

### June 30th Breakfast

We're returning to 2018 in that our July 2018 breakfast, like the June 15th breakfast with the V8 club, was at the Pit Stop Diner in Oceanside, and the August 2018 breakfast, much like the June 30th Breakfast will be at **Time Out Café** 1011 S Santa Fe Ave Vista 8 AM. The menu seems to have changed a bit in six years, but it's still a "Mom and Pop" with friendly service so you're bound to enjoy it.





## **2024 CALENDAR IN PROGRESS**

NOTE: Cruisin Grand in Escondido. Dates have not been released. The start of the season was Friday, May 3rd and the day for Model A's to be on display was May 10th. They didn't announce the calendar by May 1st, the date of our meeting.

June—there will be no June evening business meeting on the first Wednesday. It will be marked instead with a picnic Saturday, June 15th

June 15 Day out with Hidden Valley T's and San Diego MAFC at Old Poway Park's train museum 2 pm to 5 pm 14134 Midland Rd. Bring your own picnic, chair, and sunblock as we'll tour the museum individually and scout for an open spot under a shady tree or three to mix and mingle with other antique car owners.

June 15th The Palomar Mountain Early Ford V8 club has invited us to join them at the Pit Stop Diner, 3825 Mission Ave, Oceanside, Ca.92054 @ 11.A.M. The Pit Stop is a retro-style, car themed location with great food. It is located about one mile from California San Luis Rey Mission.

June 20 Encinitas Cruise Night 818 S Coast Highway 101, 5:30 to 6:30

June 22 Antique Gas & Steam Engine Show in Vista Meet at 8 at Palomar Estates or at gate in Vista at 8:45 AM.

June 23-29 SOUTHWEST "A" VENTURES [2024 MAFCA National Convention] Ruidoso NM hosted by Southwest Model A's Info: Raymond Gabaldon, 505.620.0574 - P.O. Box 44 Peralta, NM 87042

June 30 Last Sunday Breakfast Time Out Café 1011 S Santa Fe Ave Vista 8 AM

July 13 Picnic Meeting San Dieguito County Park 1628 Lomas Santa Fe Dr, Del Mar 10 to 2 Nearly the same as the June 15th Picnic, but San Dieguito is known for hiking trails more than trains and buildings, so besides picnic, chairs and sunblock, bring some comfortable shoes.

July 20 Breakfast with the Temecula Valley Club at the San Luis Rey Bakery and Restaurant 8:45 AM on Saturday.

July 28 Last Sunday Breakfast Swami's Café 101 Encinitas 1163 S Coast Hwy 101 8 AM

August 7 General Meeting Palomar Estates 7:00 PM

August 10 Car-Olympics—an event designed to correspond to the Paris Olympics in hopes that it will become an official event at the 2028 Los Angeles Olympic Games. Train Early—Train Often!

August 25 Last Sunday Breakfast Money Pit 1360 E Mission Rd San Marcos 8 AM

September 4 General Meeting Palomar Estates 7:00 PM

September 7 For National Tailgating Day we'll attend one of the first football games at the new Palomar College Football Stadium. Details will follow when the team schedule is announced.

September 28 Paradise Valley Chapter Fall Swap Meet Little League Headquarters, San Bernardino

September 29 Last Sunday Breakfast TipTop Meats 6118 Paseo Del Norte Carlsbad 8 AM

October 2 General Meeting Palomar Estates 7:00 PM

October 5 Tour of the Palomar College Arboretum in the morning, lunch at George Burgers or My Yard Brewery and then an afternoon trip to San Marcos Historical Society as it opens at 1:00.

October 27 Last Sunday Breakfast Dennys at College and 76 8 AM

November 6 General Meeting Palomar Estates 7:00 PM

November 9 Tour TBD Potentially a progressive tour around North County, we'll ask for volunteers in September

November 24 Last Sunday Breakfast Charlie's in Escondido 8 AM

December 14 Christmas Party and Installation Lunch The Hunter Restaurant 12:00 PM 1221 Vista Way in Oceanside.

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**2024 Board:**

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**Membership** is \$20 per year and club information, including a membership application and an archive of past newsletters, is available on [www.palomarmodelclub.org](http://www.palomarmodelclub.org)

**Business Meetings** are held the first Wednesday of each month, except June, July, and December, at the Palomar Estates East Clubhouse: 650 S Rancho Santa Fe Rd, in San Marcos at 7:00pm.

Check the website, newsletters, or Facebook group <https://www.facebook.com/groups/palomarmafca> for specifics for the June, July, and December meetings. All Model A Ford hobbyists are welcome.

**The Reflector** is published in Escondido, CA after the 20<sup>th</sup> of each month.

**Palomar Model A Ford Club**



June, 2024

**THE REFLECTOR**

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